

Sauna & Steam Timetable



korewellness.co.uk/timetables/



0300 012 0121

Monday

6:30-8:00 - Mixed

8:30-10:00 - Ladies Only

10:30-12:00 - Ladies Only

12:30-14:30 - Mixed

15:00-16:30 - Men Only

17:00-18:30 - Men Only

18:30-20:00 - Mixed

Tuesday

6:30-8:00 - Mixed

8:30-10:00 - Men Only

10:30-12:00 - Men Only

12:30-14:30 - Mixed

15:00-16:30 - Ladies Only

17:00-18:30 - Ladies Only

18:30-20:00 - Mixed

Wednesday

8:30-10:00 - Ladies Only

10:30-12:00 - Ladies Only

12:30-14:30 - Mixed

15:00-16:30 - Men Only

17:00-18:30 - Men Only

18:30-20:00 - Mixed

Thursday

6:30-8:00 - Mixed

8:30-10:00 - Men Only

10:30-12:00 - Men Only

12:30-14:30 - Mixed

15:00-16:30 - Ladies Only

17:00-18:30 - Ladies Only

18:30-20:00 - Mixed

Friday

6:30-8:00 - Mixed

8:30-10:00 - Ladies Only

10:30-12:00 - Men Only

12:30-14:30 - Mixed

15:00-16:30 - Ladies Only

17:00-18:30 - Men Only

18:30-20:00 - Mixed

Saturday

7:00-8:30 - Mixed

9:00-11:30 - Ladies Only

12:00-14:00 - Men Only

Sunday

7:00-8:30 - Mixed

9:00-11:30 - Men Only

12:00-14:00 - Ladies Only